

# David M. Danish, M.D.

**Double Board-Certified Adult & Child/Adolescent Psychiatrist · Physician-Founder, Integrative Care Associates**


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| 20+ | Double | ~40 | Penn · CHOP |
|---|---|---|---|
| years in clinical practice | board-certified · ABPN | state medical licenses | residency & fellowship |

## PROFILE

Double board-certified adult and child/adolescent psychiatrist with 20+ years across the settings where psychiatry is hardest to do well: emergency rooms, dual-diagnosis units, partial programs, and nearly a decade on inpatient child and adolescent units. Penn residency, CHOP fellowship, Penn Pearls teaching award. Since 2019, physician-founder of Integrative Care Associates, the umbrella over a family of practices spanning integrative outpatient care, insurance-based multi-state psychiatry, interventional programs (TMS, ketamine, Spravato), multi-state APP collaboration, and, most recently, Mind Align, a national, asynchronous-first, physician-led psychiatric care platform. Personally licensed in roughly forty states. Advisor to digital mental health technology. The economist's habit never left: ask what actually works, and what it costs the person paying, in money, time, and side effects.

## BOARD CERTIFICATION & LICENSURE *with the numbers, for the record*

- **Board Certified, Adult Psychiatry**
  American Board of Psychiatry & Neurology · since 09/15/2011 · Certificate #63272
- **Board Certified, Child & Adolescent Psychiatry**
  American Board of Psychiatry & Neurology · since 10/02/2012 · Certificate #7980
- **Licensed Physician, Pennsylvania**
  Since 07/28/2009 · License #MD438014
- **Licensed in approximately 40 states**
  Current state list maintained at PsychCollabMD.com

USMLE: Step 1 (08/2005) · Step 2 CK (09/2006) · Step 2 CS (11/2006) · Step 3 (04/2009)

## ADVISORY & PLATFORMS

| | |
|---|---|
| **Behavidence** | Psychiatric Advisor, 2021–present. Technology for diagnosing and monitoring mental health conditions. |
| **PsychCollabMD** | Physician collaboration and supervision for psychiatric nurse practitioners across multiple states. PsychCollabMD.com |
| **Specialty programs** | National Leucovorin Program · ADHD and executive function coaching · Spravato and TMS (Devon, PA) · autism evaluation and ABA therapy. |
| **Media** | Available to journalists via Qwoted; short-form clinical education on YouTube, Instagram, TikTok, and LinkedIn. |

## LEADERSHIP & CLINICAL EXPERIENCE

**2026–Present** — **Founder & Medical Director**
Mind Align Psychiatry · MindAlignPsych.com
National, asynchronous-first (not asynchronous-only), physician-led psychiatric care platform. Every intake physician-reviewed; secure follow-up, education, and non-controlled medication options only when clinically and legally appropriate. Built to reach the people a waiting room never would.

**2019–Present** — **Founder & Physician-Owner**
Integrative Care Associates (ICA) · icahealth.co
Umbrella organization over a family of practices and programs, each its own care setting with its own clinicians and records: Philadelphia Integrative Psychiatry, Alpine Psychiatry, New York Integrative Psychiatry, Mind Align, PsychCollabMD, SleepScriptMD, the National Leucovorin Program, and DrDavidDanish.com.

**2019–Present** — **Founder & Owner**
Philadelphia Integrative Psychiatry · Devon, PA & Mt. Laurel, NJ · PhillyIntegrative.com
Multidisciplinary integrative practice, in person and virtual. Complex psychopharmacology for treatment-resistant conditions, TMS, ketamine, Spravato, EMDR, DBT, ABA, eating disorder treatment, neurofeedback, and more than a dozen additional modalities. Recipient of the 2026 Philadelphia Family LOVE Award.

**2019–Present** — **Founder & Owner**
Alpine Psychiatry · PA · NJ · NY · DE · Alpine-Psych.com
Insurance-based, multi-state psychiatric care with a focus on personalized treatment; TMS, Spravato, therapy, and PMHNP-delivered care.

**2023–Present** — **Founder & Part-Owner**
New York Integrative Psychiatry · Manhattan · nycintegrativepsych.com
Expanding integrative psychiatric care into New York State.

**2025–Present** — **Founder**
DrDavidDanish.com & the Mind Vault
National clinical education and media platform: plain-language articles in the Mind Vault and short video lessons on YouTube (@drdaviddanish), Instagram, and TikTok.

**2025–Present** — **Founder**
Mind Align Health · MindAlign.Health
The wellness side of the family: coaching and health-focused, non-psychiatric programs, kept deliberately separate from psychiatric care.

**2021–Present** — **Psychiatric Advisor**
Behavidence
Clinical guidance for technology-based tools to diagnose and monitor mental health conditions.

**2012–2020** — **Staff Psychiatrist**
The Horsham Clinic · Ambler, PA
Nearly a decade on the inpatient child and adolescent units; additional coverage across adult inpatient, dual-diagnosis, emergency, and partial/day programs.

## EDUCATION & TRAINING *degrees, residency, fellowship*

**2010–2012** — **Child & Adolescent Psychiatry Fellowship**
Children's Hospital of Philadelphia
07/2010 – 06/2012

**2007–2010** — **Adult Psychiatry Residency**
University of Pennsylvania School of Medicine
07/2007 – 06/2010

**2007** — **Doctor of Medicine (M.D.)**
Case Western Reserve University School of Medicine, Cleveland, OH
Mastin Scholarship for outstanding academic achievement, 2006

**2001** — **Post-Baccalaureate, Pre-Medicine**
Harvard Extension School, Boston, MA
Graduated with Distinction

**1998** — **B.A., Economics**
Kenyon College, Gambier, OH
High Distinction, Senior Exercise · includes a semester at the University of St Andrews, Scotland (undergraduate study)

## ACADEMIC APPOINTMENTS & RESEARCH

## AWARDS & HONORS

**2010–2019** **Assistant Instructor, Child & Adolescent Psychiatry**
Children's Hospital of Philadelphia

**2007–2010** **Assistant Instructor, Psychiatry**
University of Pennsylvania School of Medicine

- Meta-analysis of atypical antipsychotics for FDA-approved indications beyond schizophrenia and schizoaffective disorder.
- Published articles and poster presentations on ADHD, pediatric hematology-oncology, and multisystemic therapy.

## SPECIALIZED TRAINING

**2024** **TMS Brain Mapping Training**

**2016–2017** **Ketamine Infusion for Treatment-Resistant Depression**

**2010** **Suboxone Training & Certification**

**2009** **Prolonged Exposure Therapy for PTSD Workshop, University of Pennsylvania**

**2026** **Philadelphia Family LOVE Award**
Awarded to Philadelphia Integrative Psychiatry, the practice Dr. Danish founded in 2019

**2010** **Penn Pearls Award**
University of Pennsylvania · excellence in medical education

**2006** **Mastin Scholarship**
Case Western Reserve University School of Medicine · outstanding academic achievement

**2001** **Graduated with Distinction**
Harvard Extension School

**1998** **High Distinction, Senior Exercise**
Kenyon College

## SERVICE & COMMUNITY WORK

**1993–1994** **Volunteer Tutor, Inner-City Schools**
Cleveland, Ohio

**1994–1998** **Volunteer Teacher, Knox County Head Start Program**
Rural Knox County, Ohio

**1997–1998** **Volunteer, Habitat for Humanity**
Knox County, Ohio

**2001–2003** **Teacher, Lindamood-Bell Learning Processes**
Full-time, post-baccalaureate years

**2003–2006** **Mentor & Apprentice Program**
University Hospitals, Cleveland

**2006** **Volunteer, The Free Clinic**
Cleveland, Ohio

**2007** **Social Coach for Individuals with Asperger's Syndrome**
University of Pennsylvania

**2010–2012** **Psychiatrist, Philadelphia Prison System**
Alongside CHOP fellowship

## FIND DR. DANISH ONLINE *articles, video lessons, press*

**The Mind Vault** · drdaviddanish.com/mind-vault

**Supplement guide** · Fullscript · vetted brands and dosing

**Practice bio** · phillyintegrative.com/provider-bios/dr-david-danish

**Press** · Qwoted source profile